

# "TO DO" LIST

Name of Student: \_\_\_\_\_ Week Of: \_\_\_\_\_

	M	T	W	Th	F
<b>CLEAN ROOM</b>					
Make bed					
Put personal belongings away					
<b>SELF CARE</b>					
Brush teeth					
Take bath					
Put dirty clothes in laundry					
<b>SCHOOL</b>					
Complete homework					
Use Black Belt effort in class					
Use Black Belt respect for teachers & classmates					
<b>FAMILY</b>					
Complete assigned chores					
Use Black Belt respect for entire family					
<b>SELF-DEVELOPMENT</b>					
Practice martial arts 15 minutes					

**PARENTS:** This list is a belt requirement. The completed list is expected on the first class of each week. It is designed to promote confidence and self-discipline. This completed list will help your child feel good about him/herself and proud of their accomplishments.

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