

# Kenpo Karate & Kickboxing

2500 ALLEN ROAD • TALLAHASSEE, FL 32312 • 850.386.7279

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
KICKBOXING 12:30-1:30 (ALL LEVELS)	ADULT KARATE 12:00-1:00	KICKBOXING 12:30-1:30 (ALL LEVELS)	ADULT KARATE 12:00-1:00	KICKBOXING 12:30-1:30 (ALL LEVELS)	MODERN ARNIS 10:00-11:00 (STICK FIGHTING)
PRIVATE CLASSES 2:00-3:00		PRIVATE CLASSES 2:00-3:00			KARATE MAKE-UP CLASS 11:00-12:00
PRIVATE CLASSES 3:00-4:00		PRIVATE CLASSES 3:00-4:00			TESTING 12:00-2:00 (WHEN SCHEDULED)
JUNIOR NINJAS 4-6 YEAR OLDS 4:15-5:00	PRIVATE CLASSES 4:00-4:30	JUNIOR NINJAS 4-6 YEAR OLDS 4:15-5:00	PRIVATE CLASSES 4:00-4:30	PRIVATE CLASSES 4:00-5:00	
ADVANCED KIDS KARATE 5:00-6:00	KIDS KARATE 7 YEAR OLDS & UP 4:45-5:45	ADVANCED KIDS KARATE 5:00-6:00	KIDS KARATE 7 YEAR OLDS & UP 4:45-5:45		
PURPLE & BLUE BELT KARATE 6:00-7:00	WHITE-YELLOW & ORANGE BELT KARATE 6:00-7:00	PURPLE & BLUE BELT KARATE 6:00-7:00	WHITE-YELLOW & ORANGE BELT KARATE 6:00-7:00	ADULT SPARRING 6:00-7:00	
GREEN & BLACK BELT KARATE 7:00-8:00	ADVANCED KICKBOXING 7:00-8:00	GREEN & BLACK BELT KARATE 7:00-8:00	ADVANCED KICKBOXING 7:00-8:00		
	BEGINNER KICKBOXING 8:00-9:00	BLACK BELT KARATE 8:00-9:00	BEGINNER KICKBOXING 8:00-9:00		