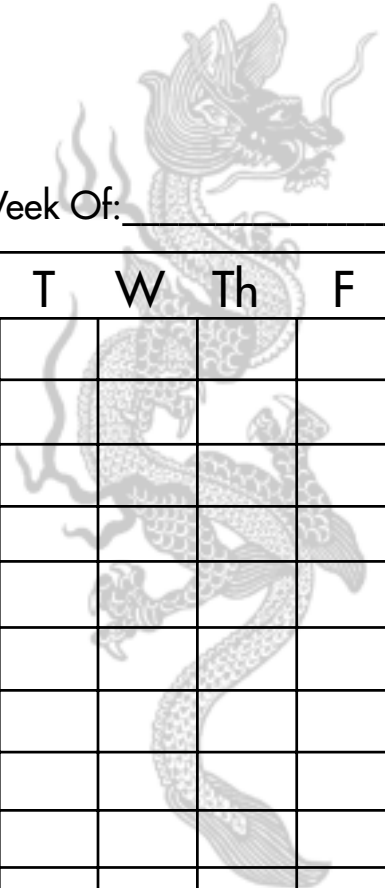


"TO DO" LIST



Name of Student: _____ Week Of: _____

	M	T	W	Th	F
CLEAN ROOM					
Make bed					
Put personal belongings away					
SELF CARE					
Brush teeth					
Take bath					
Put dirty clothes in laundry					
SCHOOL					
Complete homework					
Use Black Belt effort in class					
Use Black Belt respect for teachers & classmates					
FAMILY					
Complete assigned chores					
Use Black Belt respect for entire family					
SELF-DEVELOPMENT					
Practice martial arts 15 minutes					

PARENTS: This list is a belt requirement. The completed list is expected on the first class of each week. It is designed to promote confidence and self-discipline. This completed list will help your child feel good about him/herself and proud of their accomplishments.

KENPO KARATE & KICKBOXING CENTER, INC.

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